

BUSINESS DIRECTORY



ACCOMMODATION

Big River B&B

535 Wind Gap Road, Flatrock
437-1154

Oceanside Suites

608 Main Road, Pouch Cove
1-800-433-1973

www.oceansidesuites.ca

www.burlingtonsuites.ca

Points East Guesthouse

34 Sullivan's Loop, Pouch Cove
335-8315

AUTOMOTIVE SERVICES

Millennium Bedliners @ P.J. Auto

235 Pouch Cove Hwy., Flatrock
437-2550

pjautoservices@bellaliant.com

Nichol's Service Station

382 Main Road, Pouch Cove
335-2687
682-6577

P.J. Auto Service

235 Pouch Cove Hwy., Flatrock
437-2550

pjautoservices@bellaliant.com

PET CARE

Chinook Winds Canine Resort

Canine Boarding & Day Care
1222 Bauline Line, Bauline
335-8366

PHARMACY

Pouch Cove Pharmacy

378 Main Road, Pouch Cove
335-2992

HOUSEKEEPING & JANITORIAL

Clean Freeks

Pouch Cove
749-0611

cleanfreeks@gmail.com

BUSINESS, PROFESSIONAL & CONSULTING

Connections Research/Islands North

Business Development & Project Management
1 Westerpoint Lane, Bauline
335-8272
685-8465
335-2086 (fax)
info@connectionsresearch.com

The Diesel Doctor

Marine, Yacht & Boat Repair
38 Diamond Road, Pouch Cove
682-2697

Martin Surveys & Land Services

89 Red Head Road, Flatrock
437-6593
631-1510
info@martinsurveys.com

Peter Norman, IT Consultant

Specialist in Apple Inc. Products and Services
31 Hubert's Place, Flatrock
437-5890

Technical Rope & Rescue

Safety Solutions for Confined Space, Height,
Hazardous Material
1155 Bauline Line, Bauline
335-2325
699-3452
335-2233 (fax)
www.trr.ca & info@trr.ca

Ted Everson Photography

Flatrock
tedeversonsr43@gmail.com

La Ballena - Original Art & Handicrafts:

Seasonal At the Wharf in Bauline
& by Appointment
335-2440
laballena.nl@gmail.com

CONSTRUCTION & RENOVATION

AJ Vacuum Truck, Septic Service

49 Wind Gap Road, Flatrock
727-5494

B&L General Contracting

43 Stiles Cove Road, Pouch Cove
335-2622
682-9789

Clean Air Solutions

7 Morey's Place, Flatrock
687-1071
www.cleanairsolutions.ca

Coastal Kitchens

559 Pouch Cove Hwy, Flatrock
727-2289

D&S Vacuum Truck, Septic Service

231 Wind Gap Road, Flatrock
437-1128

DWR Contracting

3 Hannah's Road, Flatrock
764-0947
dwrcontracting@outlook.com

Eastern Blown-In Insulation

41 Deer Marsh Road, Flatrock
749-9544
437-2354 (fax)

Flatrock Roofing

Wade's Lane, Flatrock
437-6443

GWK Holdings: Excavation, Pipe & Leak Detection

Pouch Cove
335-2602
682-2703

Heat Seal Ltd.

606 Wind Gap Road, Flatrock
437-7476

Hudson's Excavating

Pouch Cove
335-2617

Jomar Builders

Bauline Line, Bauline
233-0205

Katem Construction & Septic Solutions

Wind Gap Rd., Flatrock
437-1470

Kavanagh's Construction

Back Road, Flatrock
437-6283

K&P Contracting

606 Wind Gap Road, Flatrock
437-6930
579-1756 (fax)
www.kp.nf.ca

Knight-Time Woodworks

16 Wesbill Place, Pouch Cove
693-0250

Perpetual Plumbing

22 Admiral's Grove, Flatrock
689-8958

Pioneer Log Homes

Bauline Line, Bauline
335-2526
ken@pioneerloghomesofbc.com

Power Electric

Seaview Lane, Bauline
743-4980

Sean's Contracting

11 Noseworthy Lane, Pouch Cove
765-3650

Top Dog Plastering & Painting

Pouch Cove
232-0008

VRI Electrical

Bauline Line, Bauline
690-6779

Wade's Excavating & Septic Service

32 Wade's Lane, Flatrock
437-2407
692-3916

Legacy Electric

30 Satellite Road, Pouch Cove
689-8687

CHILD DAYCARE SERVICE**Snug-A-Bug Daycare**

32 Medalsis Pond Road, Flatrock
437-5711
stephanie.furey78@hotmail.com

GARDEN & LANDSCAPING SERVICES**Gerald King Sod Farm**

Bauline Line Ext., Bauline
682-5905

Gus Kinsella Expert Landscaping

Bauline Line, Bauline
437-6258

Newfound Landscaping

Pouch Cove
335-2610

Planet Tree

Tree & Shrub Pruning, Stump Removal
685-7341
planettree@hotmail.com

RNS Landscaping

94 Power's Lane, Flatrock
685-6012

HOUSEHOLD MOVING & STORAGE**Value Movers, Moving and Storage**

205 Wind Gap Road, Flatrock
Flatrock
579-6949
682-2703

RECREATION**Marine Park**

Operated By Lakewood Development
Pouch Cove
764-7641

HAIR STYLISTS & SPA SERVICE

Red Head Salon

95 Red Head Road, Flatrock
725-0933

Serendipity Esthetics

Complete Range of Spa Services:

49 Medalsis Pond Road, Flatrock
727-5365

Scissor Studio

39 Cameron Place, Pouch Cove
335-2732

The Right Cut

22 Mundy's Road, Pouch Cove
335-2091
juanitasullivan38@gmail.com

CONVENIENCE STORES

D&L Convenience:

651-653 Main Road, Pouch Cove
335-2471

Cape Town Convenience

141 Main Road, Pouch Cove
335-7957

Wilkinson's Convenience

268 Pouch Cove Hwy., Flatrock
437-5164

REAL ESTATE & DEVELOPMENT

Admiral's Rock Inc.

Red Head Road, Flatrock
728-7666

Jesse's Place Development

2 Jesse's Place, Flatrock
437-6634

Martin Surveys & Land Services

89 Red Head Road, Flatrock
437-6593
631-1510
info@martinsurveys.com

The Vales Development

606 Wind Gap Road, Flatrock
437-6930
www.thevalesnl.ca

RENTALS

AJ Vacuum, Heavy Equipment Rental

49 Wind Gap Road, Flatrock
727-5494

GWK Holdings, Large Equipment Rental

Pouch Cove
335-2602
682-2703

Rent-A-Dump: Residential & Commercial Dumpster Rentals

Flatrock
743-2888

U-Haul Truck Rental

Available at P.J. Auto
235 Pouch Cove Hwy., Flatrock
437-1598
pjautoservices@bellaliant.com

RESTAURANT/ FOOD SERVICES

The Mermaids Folly – Café & Tea House

675 Main Road, Pouch Cove
800-0789
www.themermaidsfolly.com
Info@themermaidsfolly.com

Water Witch Take Out

123 Town Circle, Pouch Cove
335-2500

TRANSPORTATION

Eastern Bus Lines

10 Evan's Hill, Pouch Cove
335-2352

First Class Limo & Express

36 Main Road, Pouch Cove
335-2223
1-877-996-5466